

*'It's about our life, our health,
our care, our family and
our community'*



Better care together

Leicester, Leicestershire & Rutland health and social care

Future in Mind

**Transforming Mental Health and Wellbeing
Services for Children and Young People Across
Leicester, Leicestershire and Rutland**

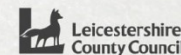


**Chris West
Elaine Egan Morriss**

November 2017



healthwatch



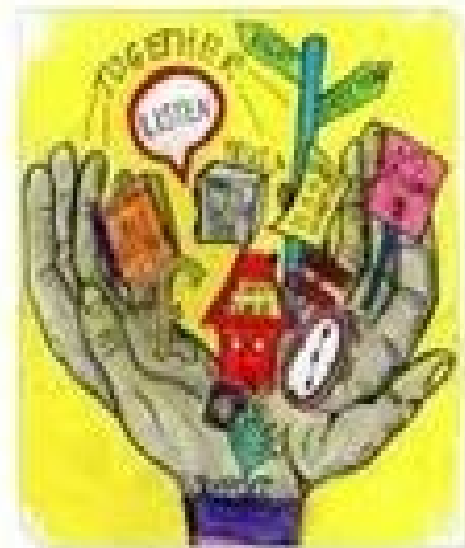
NHS

Drivers for Change

- 'Future in Mind: Promoting, Protecting and Improving our Children and Young People's Mental Health and Wellbeing' was published in 2015 by the Department of Health.
- Right Here, Right Now (2015)
- Five Year Forward View for Mental Health (2016)

Future in mind

Promoting, protecting and improving our children and young people's mental health and wellbeing



National Ambition

The Children and Young People's Mental Health and Wellbeing National Taskforce (2014) focussed on how to make it easier to access help and support when needed and to improve how children and young people's mental health services are organised, commissioned and provided

Self-care and Prevention

Early Help

Easy Access to Specialist Care

Urgent Care and Crisis Response



Local Transformation

The Leicester, Leicestershire and Rutland's Transformational Plan:-

Aims:

- Develop in partnership with children and young people (C&YP) and key stakeholders
- Set out a multi-agency approach to improve mental health and wellbeing in C&YP
- Aimed to address gaps in current service provision

Outcomes

- Increase prevention and build resilience in C&YP
- Reduce attendance at A&E
- Improve timely access to assessment
- Increase staff number and improve the skill mix
- Improve access to evidence based practice



Transformational Journey

Improving Services through Partnership Working

October 2015 : Transformation Plan

- Developed in partnership with C&YP
- Set out a multi-agency approach to improve mental health and wellbeing in children and young people (C&YP)
- Aimed to address gaps in current service provision

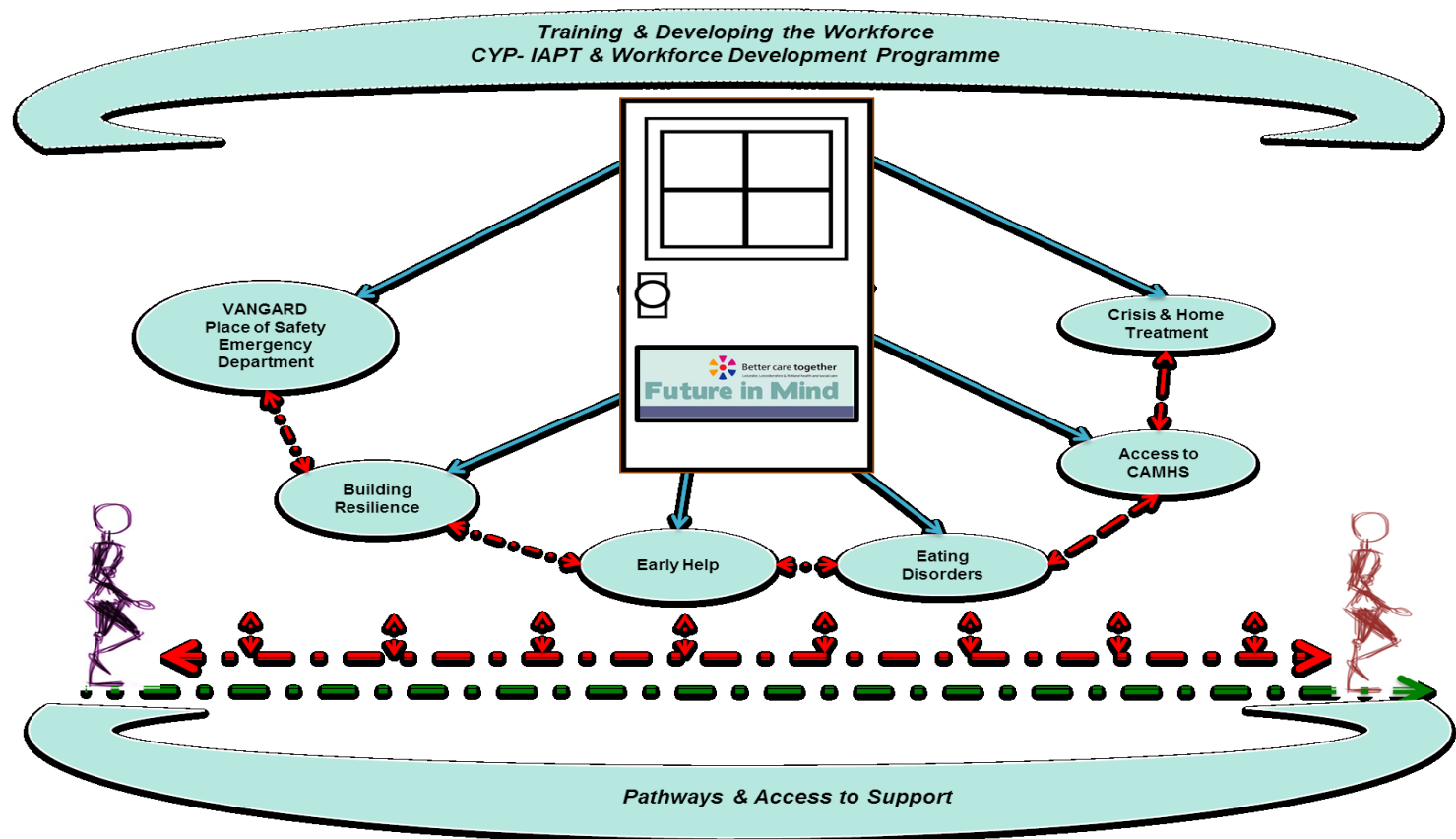
October 2016: Transformation Plan – refresh

October 2017: Transformation Plan – ‘Next Stage’ of transformation



Transformation Plan 2015

The transformation journey started with engagement events between January and March 2016: The views of children and young people informed the development of the pathway and identified six schemes of work that the plan should deliver:

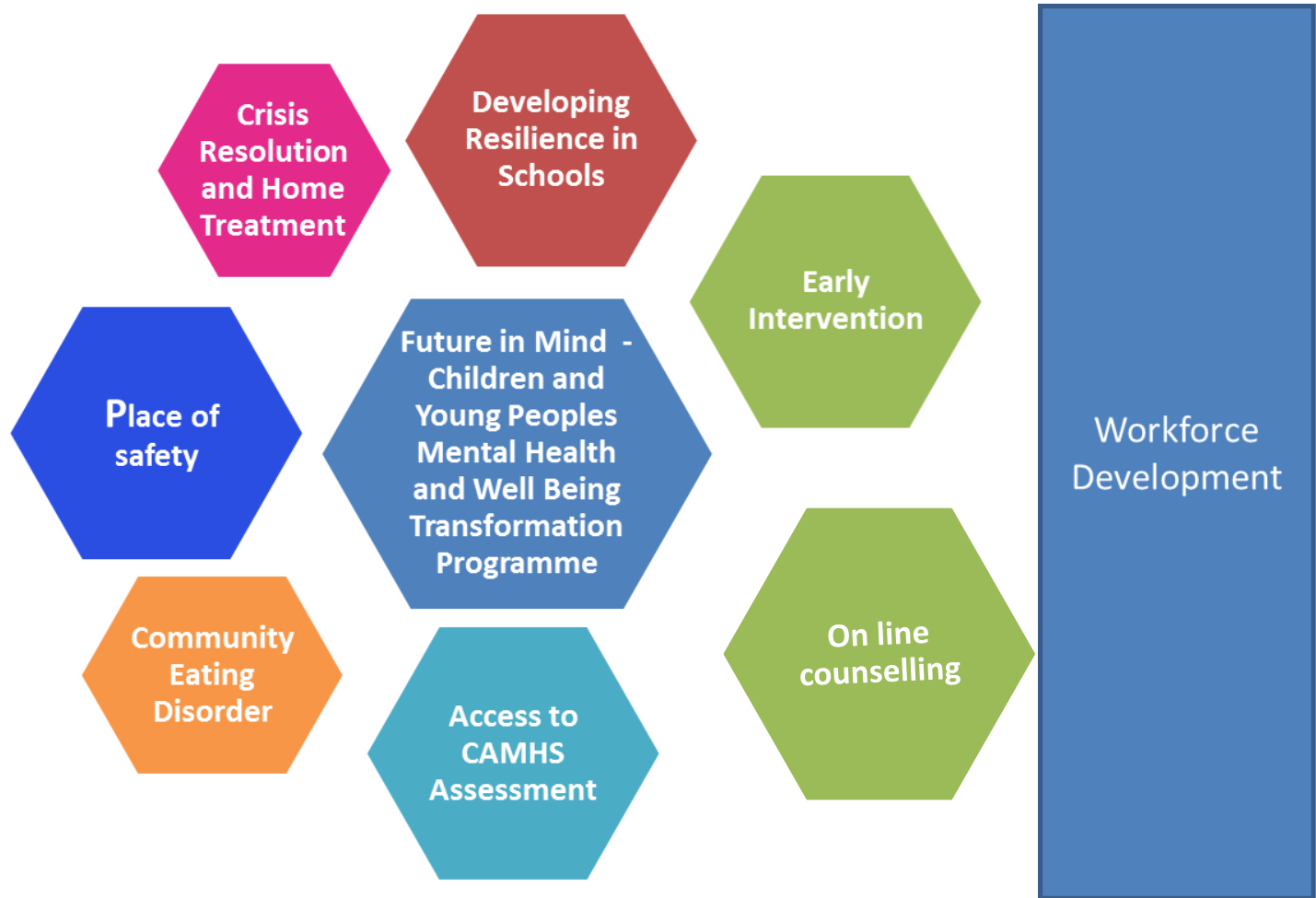


Transformation Plan 2016

- Implementation
- Learning from experience
- Monitoring delivery
- October 2016 refresh of the plan



Transformation Plan 2016



Transformation

The plan to implement the identified services has been achieved

Work stream	Achieved to Date
Enhanced Community Eating Disorders	Launched 1 April 2016
Enhanced Access to CAMHS	Launched in August 2016 – Under Review by Task & Finish Group
C&YP Crisis Resolution & Home Treatment	Phased in from September 2016 and operational from April 2017
New On-Line counselling	Continuous service - operational since June 2017
Developing Resilience in Schools	Launched, set up phase from July and Live in August 2017
Early Intervention	Procurement completed, bidder identified awaiting approval from SMT
Early Intervention – Interim solutions	Live and multi-agency providers commissioned to deliver the interim service from August 2017 – March 2018
Workforce Development	Phase 1 completed in June 2017, progress to determine strategy & work stream combined with CYP-IAPT June – March 2018
Communication, Engagement, & Evaluation	Plan on a page completed July 2017, progress work with C&YP August, Evaluation Questionnaire being finalised by C&YP November - December 2017.



Consolidation

- Children and Young people to take a lead in the evaluation of the programme to date
- Establish a system wide approach to delivery of a Mental Health and Wellbeing pathway
- Partners to determine the focus of the next stage of the transformation



Stakeholder Event

3rd October 2017

Multi agency participation:

- Health Commissioners (CCG),
- Local Authority (children's services)
- Local Authority (Public Health)
- Health watch
- Voluntary Sector
- CAMHS provider
- Local Government Councillors



Stakeholder Event

Workshops

- Developing a Multi-agency workforce
- Collaborative working
- Ensuring access to reliable data
- Ensuring meaningful involvement of C&YP



Summary of Workshop Feedback

- Increase the range of services available
- Increase access to evidence based practice
- Increase the numbers of staff
- Increase the skills, knowledge & competency of the workforce
- Improve outcomes for C&YP and their families
- Develop a system wide pathway delivered in collaboration with all partner organisations



Next Stage of Transformation

Partners agreed the focus of the next stage should be :-

- Improved performance and outcomes
- Improved access
- Marketing and engagement
- Workforce development



Transformation Plan 2017

Next Steps

- Develop 2017 Transformation Plan
- Share with partners
- Final version published on agency website
- Review the role and responsibility of key partners and steering group

